



AKADEMİK GERİATRİ DERNEĞİ

Yaşama yıllar değil; yıllara yaşam katın.



8. Uluslararası ve 19. Akademik Geriatri Kongresi

14-18 Ekim 2026

La Blanche Island, Bodrum





8. Uluslararası ve 19. Akademik Geriatri Kongresi

14-18 Ekim 2026

La Blanche Island, Bodrum

14 Ekim 2026, Çarşamba

Salon A

Salon B

13:30-17:00

ULTRASON KURSU

Kurs Koordinatörleri: Murat Kara, Bayram Kaymak

Eğiticiler: Murat Kara, Bayram Kaymak, Gamze Kılıç, Buğra İnce, Orhan Güvener

13:30-15:00

Bölüm 1

15:00-15:30

ARA

15:30-17:00

Bölüm 2

17:00-17:30

ARA

17:30-19:00

SERVET ARIOĞLU Anısına

AÇILIŞ KONFERANSI

Kanıtı Dayalı Tıp: Kanıtlardan Ne Kadar Eminiz

Oturum Başkanı: Meltem Gülhan Halil

Konuşmacı: Osman Abbasoğlu

20:30-21:15

21:15-23:00

80'LER PARTİSİ

13:30-17:00

YUTMA KURSU

Kurs Koordinatörleri: Numan Demir

15:30-17:00

Bölüm 1

15:30-17:00

Bölüm 2

20:30-21:15

BİLGİ YARIŞMASI



14-18 Ekim 2026

La Blanche Island, Bodrum

15 Ekim 2026, Perşembe							
Salon A		Salon B		Salon C		Salon D	
08:00-09:00	Sözlü Bildiri Oturumu 1 Oturum Başkanları: Meriç Esra Bozkurt, Güzin Çakmak SS - 001, SS - 002, SS - 003, SS -004, SS - 005, SS - 006, SS - 007, SS - 008, SS - 009	08:00-09:00	Sözel Bildiri Oturumu 2 Oturum Başkanları: Zeynep Kahyaoğlu, Ayşe Dikmeer SS - 010, SS - 011, SS - 012, SS - 013, SS - 014, SS - 015, SS - 016, SS - 017, SS - 018	08:00-09:00	Sözel Bildiri Oturumu 3 Oturum Başkanları: Özge Dokuzlar, Çiğdem Bulut Alkaç SS - 019, SS - 020, SS - 021, SS - 022, SS - 023, SS - 024, SS - 025, SS - 026, SS - 027	08:00-09:00	Sözel Bildiri Oturumu 4 Oturum Başkanları: Bilal Katipoğlu, Neslihan Kayahan Satış SS - 028, SS - 029, SS - 030, SS - 031, SS – 032, SS - 033, SS - 034, SS - 035, SS - 036
Salon A				Salon B			
09:00-10:30	PANEL 1 - GERİATRİDE CERRAHİYE HAZIRLIK: AKILLI TEKNOLOJİLER VE GERİATRİK CERRAHİ Oturum Başkanları: Deniz Suna Erdinçler, Meltem Gülhan Halil						
09:00-09:30	Integrating Robotics into Person-Centred Geriatric Care: Opportunities, Challenges, and Ethics Susan Shenkin						
09:30-10:00	Perioperative Management of Older Adults; Why, What and How? Jugdeep Dhesi						
10:00-10:30	Yaşlı Hastada Cerrahi Öncesi Prehabilitasyon Mutlu Doğanay						
10:30-10:50	KAHVE ARASI						
10:50-11:50	PRAGMATİK PANEL 1 - OSTEOPOROZ Moderatör: Zekeriya Ülger Konuşmacılar: Hakan Yavuzer, Kamile Silay, Birkan İlhan, Hacer Doğan Varan			10:50-11:50	PANEL 2 - GERİATRİDE KAS İSKELET GÖRÜNTÜLEME VE REHABİLİTASYON Oturum Başkanları: Ayşe Karan, Özgür Kara		
				10:50-11:10	Geriatridi Pratiğinde Ultrason Murat Kara		
				11:10-11:30	Kemik ve Eklem Direk Grafisi Bayram Kaymak		
				11:30-11:50	Yaşlıda Üriner İnkontinansa Nonfarmakolojik Tedaviler-Egzersizler Ayşe Karan		
11:50-12:05	KAHVE ARASI						



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12:10-12:55



UYDU SEMPOZYUMU 1 - NESTLE

Malnutrition in Older Adults: From Metabolic Challenges to Muscle Health
Balancing Glycaemic Control and Malnutrition in Older Adults with Diabetes

Konuşmacı: Cafer Balcı

Addressing Sarcopenia and Malnutrition in Older Adults: The Role of Protein and Essential Amino Acids
Konuşmacı: Francesco Landi

12:55-13:45

ÖĞLE YEMEĞİ

13:45-14:40

PANEL 3 - LONGEVİTY

Oturum Başkanları: Sibel Akın, Aslı Çurgunlu

13:45-14:05

Anti-aging Nedir? Ne Değildir?

Mehmet Akif Karan

14:05-14:25

Mitokondri Sağlığı

Nuray Yazihan

14:25-14:45

Mikrobiyomdan Longevity'ye: Sağlıklı Yaşlanmanın Yeni Paradigması

Meltem Yalınay

14:45-15:05

KAHVE ARASI

15:05-15:50



UYDU SEMPOZYUMU 2 - AMGEN

Postmenopozal Osteoporoz Tedavisinde Romosozumab

Konuşmacı: Ömer Alper Gürlek

Moderatör: Meltem Gülhan Halil

15:50-16:00

KAHVE ARASI

16:00-17:00

PANEL 5 - GERİATRİK NÖROLOJİDE SIK KARŞILAŞILAN SORUNLAR

Oturum Başkanları: Teslime Atlı, Ahmet Turan Işık

16:00-16:20

Deliryum

Süleyman Emre Koçyiğit

16:20-16:40

Normal Basıncılı Hidrosefali

Ahmet Turan Işık

16:40-17:00

Tremora Yaklaşım

Derya Kaya

20:30-23:00

KARAOKE PARTİSİ

16:00-17:00

PANEL 6 - VAKA 2

Oturum Başkanları: Remzi Bahşi, Muhammed Cemal Kızıllarslanoglu

16:00-16:20

Kaşıntı

Betül Veizi

16:20-16:40

Polifarması

Rabia Soytaş

16:40-17:00

Ağrı

Sultan Keskin Demircan



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16 Ekim 2026, Cuma

Salon A		Salon B		Salon C		Salon D	
08:00 09:00	Sözel Bildiri Oturumu 5 Oturum Başkanları: Özge Kayhan Koçak, Nurdan Şentürk SS - 037, SS - 038, SS - 039, SS - 040, SS - 041, SS - 042, SS - 043, SS - 044, SS - 045	08:00 09:00	Sözel Bildiri Oturumu 6 Oturum Başkanları: Selman Öntan, Veysel Suzan SS - 046, SS - 047, SS - 048, SS - 049, SS - 050, SS - 051, SS - 052, SS - 053, SS - 054	08:00 09:00	Sözel Bildiri Oturumu 7 Oturum Başkanları: Zeynep Şahiner, Fatma Kaplan Efe SS - 055, SS - 056, SS - 057, SS - 058, SS - 59, SS - 060, SS - 061, SS - 062, SS - 063	08:00 09:00	Sözel Bildiri Oturumu 8 Oturum Başkanları: Mercan Taştemur, Büşra Can SS - 064, SS - 065, SS - 066, SS - 067, SS - 068, SS - 069, SS - 070, SS - 071, SS - 072
Salon A				Salon B			
09:00-10:30	PANEL 7 - NÜTRİSYON, HIDRASYON, KAS Oturum Başkanları: Osman Abbasoğlu, Bülent Saka			09:00-10:30	PANEL 8 - DEMANS Oturum Başkanları: Alper Döventaş, Funda Datlı Yakaryılmaz		
09:00-09:30	Sarkopeni Tedavisi Güncelleme Çağatay Çavuşoğlu			09:00-09:30	Alzheimer Tanısında Güncellemeler ve Biyo Belirteçler Burcu Balam Doğu		
09:30-10:00	Dehydration in Older Adults Michela Zanetti			09:30-10:00	Demans Tedavisinde Biyolojik Ajanlar Haşmet Hanağası		
10:00-10:30	Nütrisyon Tedavisi Alan Hastada ilaç Uygulamaları Kutay Demirkan			10:00-10:30	Tanı ve Tedaviden Sonra Demans Hastasının Takibi Pınar Soysal		
10:30-10:50	KAHVE ARASI						
10:50-11:50	PANEL 9 - OBEZİTE TEDAVİSİ Oturum Başkanları: Selim Nalbant, Alper Gürlek			10:50-11:50	PANEL 10 - YAŞLIDA ENFEKSİYON Oturum Başkanları: Gülden Eser Karlıdağ, Fatma Sena Öntan		
10:50-11:10	GLP-1 Kullanımı Alper Gürlek			10:50-11:10	Kırılgan Hastanın Tipik Enfeksiyon Seyri Rana Tuna Doğrul		
11:10-11:30	Sarkopenik Obezite Pelin Ünsal			11:10-11:30	Yaşlı Hastada Aşılama Tecrübeleri Arzu Okyar Baş		
11:30-11:50	Non Farmakolojik Obezite Yönetimi Fatih Tufan			11:30-11:50	Üriner Sistem Enfeksiyonları Gülden Eser Karlıdağ		



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11:50-12:10

KAHVE ARASI

12:10-12:55



UYDU SEMPOZYUMU 3 - NESTLE PURE
Kadim bir Mineralin Portresi: Tarihten Günümüze Yaşlı Sağlığında Magnezyum
Oturum Başkanı: Mert Eşme
Konuşmacı: Berrin Karadağ

12:55-13:45

ÖĞLE YEMEĞİ

13:45-14:45

PRAGMATİK PANEL 2 - DEMANS
Moderatör: Zeynel Abidin Öztürk
Konuşmacılar: Mustafa Cankurtaran, Murat Varlı, Sevnaz Şahin, Özlem Aki, Vildan Kandemir Bütün, Pınar Gürün

13:45-14:45

PANEL 11 - CİNSEL SAĞLIK
Oturum Başkanları: Sencer Ganıdağlı, Gülru Avcı

13:45-14:00

Postmenapoz HR Tedavisi/Oral-Patch
Gonca Özten Dere

14:00-14:15

Androjen Tedaviler
Neziha Erken

14:15-14:30

Erektile Disfonksiyon
Arif İbiş

14:30-14:45

Sağlıklı Cinsellikte Geriatriinin Rolü
Serdar Ceylan

14:45-15:00

KAHVE ARASI

15:00-15:45



UYDU SEMPOZYUMU 4 - PFİZER
Yaygın Solunum Yolu Patojenlerine Karşı Pfizer Aşları: Prevenar20 & Abrysvo
Konuşmacılar: Serhat Ünal & İlker Taşçı

15:45-16:00

KAHVE ARASI

16:00-16:45



UYDU SEMPOZYUMU 5 - GSK
Zonanın Hastalık Yükü ve Zonaya Karşı Koruma
Oturum Başkanı: Deniz Suna Erdinçler
Konuşmacı: Birkan İlhan

17:30

BOARD SINAVI

21:30-23:00

MELİS DAĞ ile GALA GECESİ



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08:00	Sözel Bildiri Oturumu 9 Oturum Başkanları: Büşra Akpınar, Tuğçe Emiroğlu Gedik	08:00	Sözel Bildiri Oturumu 10 Oturum Başkanları: Funda Yıldırım Borazan Fatma Kaplan Efe	08:00	Sözel Bildiri Oturumu 11 Oturum Başkanları: Emine Gemici, Büşra Yürümez	08:00	Sözel Bildiri Oturumu 12 Oturum Başkanları: Sibel Akbaş, Kübra Altunkalem
09:00	SS - 073, SS - 074, SS - 075, SS - 076, SS - 077, SS - 078, SS - 079, SS - 080, SS - 081	09:00	SS - 082, SS - 083, SS - 084, SS - 085, SS - 086, SS - 087, SS - 088, SS - 089, SS - 090	09:00	SS - 091, SS - 092, SS - 093, SS - 094, SS - 095, SS - 096, SS - 097, SS - 098, SS - 099	09:00	SS - 100, SS - 101, SS - 102, SS - 103, SS - 105, SS - 106, SS - 107, SS - 108, SS - 109
Salon A		Salon B		Salon C		Salon D	
09:00-10:30	PANEL 12 - KILAVUZ GÜNCELLEME Oturum Başkanları: Kutay Demirkan, Cemile Özsürekcı	09:00-10:30	PANEL 13 - Palyatif Bakım ve Yara Bakımı Oturum Başkanları: Nurten İnan, Olgun Deniz	09:00-10:30	PANEL 13 - Palyatif Bakım ve Yara Bakımı Oturum Başkanları: Nurten İnan, Olgun Deniz	09:00-10:30	PANEL 13 - Palyatif Bakım ve Yara Bakımı Oturum Başkanları: Nurten İnan, Olgun Deniz
09:00-09:30	Hipertansiyon Sevgi Aras	09:00-09:30	Palyatif Bakımda Güncel Durum Nurten İnan	09:00-09:30	Palyatif Bakımda Güncel Durum Nurten İnan	09:00-09:30	Palyatif Bakımda Güncel Durum Nurten İnan
09:30-10:00	CPR Nezahat Müge Çatıkkaş	09:30-10:00	Yara Bakımında Kullanılan Ürünler Hatice Ayhan	09:30-10:00	Yara Bakımında Kullanılan Ürünler Hatice Ayhan	09:30-10:00	Yara Bakımında Kullanılan Ürünler Hatice Ayhan
10:00-10:30	Venöz Tromboembolizm Sevinç Sarınc	10:00-10:30	Basınç Yarasını Önleme Güncel Yaklaşımlar Bahar Bektan	10:00-10:30	Basınç Yarasını Önleme Güncel Yaklaşımlar Bahar Bektan	10:00-10:30	Basınç Yarasını Önleme Güncel Yaklaşımlar Bahar Bektan
10:30-10:50	KAHVE ARASI						
10:50-11:50	PANEL 14 - RADYOLOJİ OTURUMU Oturum Başkanları: Yusuf Yeşil, Emine Sumru Savaş	10:50-11:50	PANEL 15 - DİYABET EKSENİNDE KAS ve KEMİK SAĞLIĞI Oturum Başkanları: Güneş Eken, Mustafa Kemal Kılıç	10:50-11:50	PANEL 15 - DİYABET EKSENİNDE KAS ve KEMİK SAĞLIĞI Oturum Başkanları: Güneş Eken, Mustafa Kemal Kılıç	10:50-11:50	PANEL 15 - DİYABET EKSENİNDE KAS ve KEMİK SAĞLIĞI Oturum Başkanları: Güneş Eken, Mustafa Kemal Kılıç
10:50-11:20	Beyin Görüntüleme Ekim Gümeler Büyükbayram	10:50-11:20	Diyabette Sarkopeni Yönetimi Firuzan Fırat Özer	10:50-11:20	Diyabette Sarkopeni Yönetimi Firuzan Fırat Özer	10:50-11:20	Diyabette Sarkopeni Yönetimi Firuzan Fırat Özer
11:20-11:50	Toraks Görüntüleme Macit Arıyürek	11:10-11:30	Diyabete Bağlı Kemik Kırılганlığında Patofizyoloji, Risk Değerlendirmesindeki Güçlükler ve Farmakolojik Olmayan Stratejiler Tuğba Erdoğan	11:10-11:30	Diyabete Bağlı Kemik Kırılганlığında Patofizyoloji, Risk Değerlendirmesindeki Güçlükler ve Farmakolojik Olmayan Stratejiler Tuğba Erdoğan	11:10-11:30	Diyabete Bağlı Kemik Kırılганlığında Patofizyoloji, Risk Değerlendirmesindeki Güçlükler ve Farmakolojik Olmayan Stratejiler Tuğba Erdoğan
		11:30-11:50	Antidiyabetik İlaçların İskelet Üzerindeki Etkileri ve Diyabetli Hastalarda Osteoporoz Yönetimi Ahmet Yalçın	11:30-11:50	Antidiyabetik İlaçların İskelet Üzerindeki Etkileri ve Diyabetli Hastalarda Osteoporoz Yönetimi Ahmet Yalçın	11:30-11:50	Antidiyabetik İlaçların İskelet Üzerindeki Etkileri ve Diyabetli Hastalarda Osteoporoz Yönetimi Ahmet Yalçın



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11:50-12:35

Olgular Eşliğinde İnkontinans İlişkili Dermatite
Yaklaşım: Hekim-Hemşire Ortak Akıl
Moderatör: Aslı Tufan Çinçin
Konuşmacılar: Gözde Şengül Ayçiçek,
Dudu Çulha, Hatice Oktan

12:35-13:45

ÖĞLE YEMEĞİ

13:45-14:30

sanofi

UYDU SEMPOZYUMU 6 – SANOFİ
Yaşlanan Nüfusta İnfluenza: Riskler ve Korunma Stratejileri
Konuşmacılar: Mine Durusu Tanrıöver, Volkan Atmış

14:30-14:50

KAHVE ARASI

14:50-16:00

PRAGMATİK PANEL 3 - GERİATRİDE KARIYER PLANLAMASI
Moderatör: Meltem Gülhan Halil
Konuşmacılar: Teslime Atlı, Hüseyin Doruk, İlker Taşçı, Bülent Saka, Berrin Karadağ, Volkan Aykaç

16:00-17:00

KAPANIŞ

18 Ekim 2026, Pazar

Salon A

09:00-10:00

PANEL 16 - AKILCI İLAÇ OTURUMU
Oturum Başkanları: Volkan Atmış, Eyüp Efendioğlu

Yaşlılarda Akılcı İlaç Kullanımı
Kutay Demirkan

10:00-11:00

Panel: Geriatrik Değerlendirme Polifarmasi
Mert Eşme



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Bildiri Oturumu 1, 15 Ekim 2026, 08.00 – 09.00; Salon A

- SS-001. The Relationship Between Anticholinergic Drug Burden and Comprehensive Geriatric Assessment Parameters in Older Adults - *Eyyup Murat Efendioglu*
SS-002. Atherogenic index of plasma as a metabolic marker of malnutrition in geriatric patients: A Retrospective Study - *Mustafa Levent*
SS-003. Association between anticholinergic cognitive burden and falls among community-dwelling adults Aged 80 years and older - *Esra Cataltepe*
SS-004. Inappropriate Drug Use According to TIME Criteria in Geriatric ICU Patients: Prevalence and Association with Geriatric Syndromes and Mortality - *Çiğdem Alkaç*
SS-005. Utility of Copeptin as a Predictor of Mortality in Older Adults Presenting to the Emergency Department - *Büşra Akpınar*
SS-006. I swallow, therefore I am: Dysphagia is associated with mortality in geriatric outpatients - *Zeynep Rumeysa Beşişik Yılmaz*
SS-007. Investigation of self-neglect frequency and associated factors in patients admitted to a geriatrics outpatient clinic - *Tutku Güleç Eriş*
SS-008. Gut meets muscle: The association between fecal short-chain fatty acids and sarcopenia in older adults - *Cansu Çıkın*
SS-009. Can the G8 Screening Tool Predict Frailty in Patients with Liver Cirrhosis? A Cross-Sectional Study in Patients Aged 60 Years and Older - *Anıl Taşdemir*

Bildiri Oturumu 2, 15 Ekim 2026, 08.00 – 09.00; Salon B

- SS-010. Diagnostic performance of artificial intelligence models for frailty identification in older adults: A systematic review - *Nazire Gökçe Somak*
SS-011. Relationship between the atherogenic index of plasma, triglyceride-glucose index, and osteosarcopenia in older adults - *Yasemin Polat Özer*
SS-012. Geriatric fall incidents in Türkiye: an analysis of emergency medical services data - *Büşra Can*
SS-013. Vitamin D variability might be linked to sarcopenia, especially with decreased muscle mass in older patients: a retrospective longitudinal study - *Orhan Cicek*
SS-014. Metabolic paradox in aging: elevated THR and TyG might be associated with lower malnutrition risk as well as other geriatric syndromes in older adults - *Orhan Cicek*
SS-015. Association of the C-Reactive Protein–Albumin–Lymphocyte (CALLY) Index with Frailty and Functional Dependency in Older Adults - *Burcu Eren Cengiz*
SS-016. Baseline Quick Mild Cognitive Impairment Scores Predict Final Cognitive Diagnosis in Older Adults Referred from the Emergency Department: A Retrospective Cohort Study - *Elif Gecegelen*
SS-017. Coexistence of Geriatric Syndromes in Older Adults with Mild Cognitive Impairment and Their Relationship with Cognitive Frailty - *Raye Sevr Ozmen*
SS-018. Malnutrition Matters: A Comparative Study of GLIM and mNUTRIC for Mortality Risk in Geriatric ICU Patients - *Emrullah Doğan*

Bildiri Oturumu 3, 15 Ekim 2026, 08.00 – 09.00; Salon C

- SS-019. Association Between Calf Circumference Assessed by the Calf-C Band and Possible Sarcopenia in Older Adults with Diabetes - *İbrahim Kuran*
SS-020. Validation of the GAZI Index for frailty assessment in geriatric outpatients: comparison with clinical and phenotype-based measures - *Ayşe Ece Çankaya*
SS-021. Association Between Positive Religious Coping and Depressive Symptoms in Community-Dwelling Older Adults - *Anilcan Simsek*
SS-022. Combined Nicotinamide Mononucleotide and Resveratrol Therapy Improves Cognitive Function Through Antioxidant and Synaptic Mechanisms in Experimental Alzheimer's Disease - *Beyza Nur Tuğcan*
SS-023. Beyond Major Depression: Depressive-Like Episodes With Insufficient Symptoms as an Independent Marker of Very Mild Frailty in Older Adults - *Arzu Okyar Baş*
SS-024. Nutritional interventions play a crucial role in the management of COPD, particularly in elderly individuals at risk of malnutrition. This study aimed to evaluate the effects of n-3 enriched ONS on pulmonary function and nutritional status in COPD pati - *Meryem İtek İtek Altunay*
SS-025. Baseline Malnutrition risk represents increased mortality risk in home-cared octogenarians: A single-center follow-up study - *Keziban Naz Yılmaz*
SS-026. Association between oral frailty and handgrip strength and muscle mass in older adults - *Fatma Günay Karabal*
SS-027. Prognostic utility of PNI, GNRI, and CONUT for postoperative outcomes following otorhinolaryngologic procedures - *Merve Yılmaz Kars*

Bildiri Oturumu 4, 15 Ekim 2026, 08.00 – 09.00; Salon D

- SS-028. Association Between Systemic Inflammatory Indices and Albuminuria in Geriatric Patients: Emphasis on CRP-Based Indices - *Yavuz Sultan Selim Akgül*
SS-029. Anticoagulation gaps and cognitive performance in older outpatients with atrial fibrillation despite a guideline-based treatment indication - *Arzu Okyar Baş*
SS-030. Urinary Incontinence as an Independent Predictor of Falls in Community-Dwelling Older Adults: A Comprehensive Geriatric Assessment-Based Study - *Hüseyin Dağviren*
SS-031. Kidney function and its relationship with geriatric syndromes in older adults undergoing comprehensive geriatric assessment - *Merve Yılmaz Kars*
SS-032. Subtype-specific associations between urinary incontinence and sarcopenia, frailty, and functional decline in community-dwelling older adults: a cross-sectional study - *Merve Yılmaz Kars*
SS-033. Which is Better at Identifying Probable Delirium in Older Inpatients: SARC-F or MNA-SF? - *Mihriban Güngör*
SS-034. Geriatric syndromes as indicators of cardiovascular risk: Association between comprehensive geriatric assessment and PREVENT risk categories in older adults - *Keziban Naz Yılmaz*
SS-035. Association of ultrasonographic muscle parameters with dysphagia in older adults with cancer receiving palliative care - *Deniz Sevidik Günay*
SS-036. The Relationship Between Falls Status and Thyroid Function Tests in Older Individuals Followed on an Outpatient Clinic: A Retrospective Cross-Sectional Study - *Orhan Cicek*



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Bildiri Oturumu 5, 16 Ekim 2026, 08.00 – 09.00; Salon A

- SS-037. Assessment of Sarcopenia in Takayasu Arteritis - *Nurdan Şentürk Durmuş*
SS-038. Evaluation of Patients Referred to the Geriatric Outpatient Clinic Who Underwent PET/CT Imaging and Assessment of Their Geriatric Syndromes - *Nurdan Şentürk Durmuş*
SS-039. Agreement Between GLIM and MNA-SF Nutritional Assessments and Their Association with Mortality in Older Adults - *Nurdan Şentürk Durmuş*
SS-040. Dysphagia prevalence and sarcopenia severity in institutionalized older adults - *Ezgi Nur Güneş*
SS-041. Osteoporosis and dementia: Two intertwined conditions: Evidence from a retrospective real-world database - *Zeynep Iclal Turgut*
SS-042. Gastrocnemius Muscle Architecture Across Age- And Sex-Specific Calf Circumference Percentile Categories In Older Adults: A Cross-Sectional Ultrasonographic Study - *Okan Turhan*
SS-043. Beyond Oral Health: The Impact of Nutritional Status, Functional Capacity, and Psychosocial Factors on Quality of Life in Older Adults - *Zeynep Iclal Turgut*
SS-044. Fear of Falling: A Strong Predictor of Frailty and Functional Dependence in Older Adults with Osteoporosis - *Ebru Caran Karabacak*
SS-045. Constipation and Frailty in Older Adults: Are the Associated Factors Different According to Frailty Status? - *Raye Sevrâ Özmen*

Bildiri Oturumu 6, 16 Ekim 2026, 08.00 – 09.00; Salon B

- SS-046. Mapping Blood Pressure Phenotypes in Geriatric Practice: What is in each box? - *Özge Özgün*
SS-047. Prospective Evaluation of Medication Appropriateness in Older Inpatients Using Beers, STOPP/START, and TIME Criteria - *Büşra Torun Alp*
SS-048. Association of Adiposity-Related Indices with Severe Sarcopenia Parameters According to Obesity Status in Older Adults - *Ayyüce Güloğlu Özdemir*
SS-049. Can Routine Blood Tests Help Flag Frailty in Older Adults? - *Ayyüce Güloğlu Özdemir*
SS-050. Osteoporosis, Sarcopenia, and Nutritional Status in Older Adults: Findings from a Comprehensive Geriatric Assessment - *Eyup Sami Akbas*
SS-051. Proposal for a thematic public broadcasting model for older adults in Turkey: second spring TV ("İkinci Bahar TV") - *Emine Akkaya Cengiz*
SS-052. Beyond Frailty: A Multidomain Framework for Understanding and Managing Anorexia of Ageing - *Pelin Değirmenci*
SS-053. Malnutrition in older women with sarcopenic obesity: assessment using MNA-SF and GLIM criteria - *Ece Eylül Eron Sünbül*
SS-054. The prevalence of delirium and associated factors in elderly patients hospitalized in palliative care unit, A prospective study - *Mursel Karadavut*

Bildiri Oturumu 7, 16 Ekim 2026, 08.00 – 09.00; Salon C

- SS-055. Intrinsic Capacity Reflects Musculoskeletal Vulnerability: Association With Osteosarcopenia but Not Sarcopenia or Osteoporosis - *Denizler Sezer*
SS-056. Prospective investigation of the frequency of clostridium difficile infection and associated factors in patients hospitalized in the palliative care unit - *Cemil İnci*
SS-057. Obesity- and Sex-Specific Handgrip Strength Thresholds for Predicting Mortality in Older Adults - *Şirin Zela Şahin Tırnova*
SS-058. Dynamic Soleus Muscle Ultrasonography as a Novel Functional Marker of Orthostatic Hypotension in Older Adults: Preliminary Findings - *Arzu Okyar Baş*
SS-059. Intrinsic Capacity and All-Cause Mortality In Older Adults: The Role of Individual Domains, Multidomain Patterns, and Frailty - *Denizler Sezer*
SS-060. Association of dehydration with geriatric clinical indicators: a cross-sectional analysis in individuals over 65 years of age - *Emrah Chousein*
SS-061. Association between type 2 diabetes mellitus and oral frailty in older adults: a cross-sectional study - *Yılmaz Onal*
SS-062. Evaluation of Osteoporosis in Patients with Dementia Attending a Geriatrics Outpatient Clinic: Real-World Data - *Yasin Yıldız*
SS-063. Prognostic nutritional index and C-reactive protein-to-albumin ratio as independent predictors of pressure injury in older adults admitted to the intensive care unit with fractures - *Gözde Şengül Ayçiçek*

Bildiri Oturumu 8, 16 Ekim 2026, 08.00 – 09.00; Salon D

- SS-064 - Clinical Frailty and Eosinophilic Infiltration in Drug-Associated Bullous Pemphigoid: A Retrospective Case Series with a Focus on DPP-4 Inhibitors - *Ayşegül Erdoğan Bakır*
SS-065 - Progressive Impairment in Finger Tapping Performance Across Sarcopenia Stages in Older Adults - *Büşragül Yılmaz*
SS-066 - Salivary Microbiota Precedes Fecal Dysbiosis In Frailty: A Paired Oral-Gut Analysis In Older Turkish Adults - *Neslihan Doğan*
SS-067 - Does a clinical frailty judgement made before measurement reflect measured handgrip strength? - *Rıdvan Erten*
SS-068 - Association of medication adherence and geriatric syndromes in older adults - *Sencer Ganıdaglı*
SS-069 - Laboratory parameters associated with frailty in patients aged 65 years and older: a prediction model based on albumin and hemoglobin - *Şeyma Sarışen*
SS-070 - Association Between the Systemic Immune-Inflammation Index and Osteosarcopenia in Older Adults - *Pınar Meryem Akbay*
SS-071 - Does Having Children Shape Future Care Preferences? An Econometric Analysis of Generation Y in Türkiye - *Vildan Kandemir Bütün*
SS-072 - Long-term glycemic variability is independently associated with GLIM-defined malnutrition in older adults with diabetes - *Ayşe Ece Çankaya*



8. Uluslararası ve 19. Akademik Geriatri Kongresi

14-18 Ekim 2026

La Blanche Island, Bodrum

Bildiri Oturumu 9, 17 Ekim 2026, 08.00 – 09.00; Salon A

- SS-073. Turkish Adaptation and Validation of the Oral Frailty Five-Item Checklist (OF-5) and Its Association with Geriatric Syndromes in Older Adults - *Aylin Yılmaz Aygün*
SS-074. Optimal Cut-off Values of the Five Times Chair Stand Test for Frailty Screening Using Clinical Frailty Scale and The Fried Frailty Phenotype - *Çağatay Çaylı*
SS-075. Long-term glycemic variability is independently associated with frailty in older adults with diabetes - *Meryem Şeyma Yurt*
SS-076. Association of the Magnesium Depletion Score with Geriatric Characteristics and All-Cause Mortality in Older Adults - *Ezgi Akandere Barlas*
SS-077. Long-term course of bone mineral density and densitometric category transition in geriatric patients: a retrospective cohort study - *Elif Ersen Kural*
SS-078. Effects of Ramadan fasting as a prolonged intermittent fasting model on gut microbiota and inflammatory markers in older adults - *Zeynep Berire Kurtuluş*
SS-079. Diagnostic performance of calf circumference for sarcopenia and dynapenia in older adults: Comparison of the calf-c band and a national cutoff according to obesity status - *Zeynep Berire Kurtuluş*
SS-080. Diagnostic performance of ultrasound-measured anterior thigh muscle thickness for GLIM-defined malnutrition in older adults - *Meryem Şeyma Yurt*
SS-081. Comparison of Timed Up and Go, Five-Times Chair Stand Test, and 4-meter gait speed for identifying older adults with diabetes and a history of falls - *Nagihan Sözen Gencer*

Bildiri Oturumu 10, 17 Ekim 2026, 08.00 – 09.00; Salon B

- SS-082. LLM (large language models) performance in complex geriatric vaccination decisions: A blinded, two-expert comparative study - *Seyda Bilgin*
SS-083. Association Between Metformin Use and Postprandial Hypotension in Older Diabetic Patients - *Hatice Demirci*
SS-084. Ultrasound-Derived Anterior Thigh Muscle Thickness Index and Urinary Incontinence in Geriatric Outpatients: An Urgency-Predominant Association - *Osman Talha Doğan*
SS-085. Changes in frailty following sodium–glucose cotransporter-2 inhibitor initiation in older adults with type 2 diabetes mellitus: a prospective cohort study - *Tuğçe Nur Kaya*
SS-086. Vitamin D level is associated with frailty and cognitive-functional status in the oldest old - *Hemrin Kavak*
SS-087. Association of Tea, Coffee, Green Tea, and Decaffeinated Coffee Consumption with Basal Metabolic Rate in Older Adults - *Tuğçe Yüksel Karsli*
SS-088. Diagnostic Performance of Handgrip Strength and Its Normalized Indices for Identifying Frailty in Older Adults: A Comparative ROC Analysis - *Osman Talha Doğan*
SS-089. Oral health and poor appetite in older adults with normal nutritional status - *Kübra Çingir Alpay*
SS-090. Can Ultrasound-Based Forearm Muscle Thickness Serve as a Reliable Predictor of Body Muscle Mass, Sarcopenia and Frailty? - *Süheyla Çötel*

Bildiri Oturumu 11, 17 Ekim 2026, 08.00 – 09.00; Salon C

- SS-091. Beyond the MNA-SF cut-off: nutritional status, frailty, muscle strength and gait performance in nursing home residents - *Duygu Özata*
SS-092. Frailty And Nutritional Status Capture Distinct Mortality Risk Windows In Older Outpatients: A Six-Year Cohort Study - *Deniz Cengiz*
SS-093. Who is sarcopenic obese? A criterion-dependent answer in a Turkish geriatric population - *Ümmügülsüm Durak*
SS-094. Comprehensive Geriatric Assessment and Anticholinergic Burden: Instrumental Activities of Daily Living as an Independent Correlate - *Büşra Gökçe*
SS-095. Effect of Polypharmacy, Hyperpolypharmacy, and the Charlson Comorbidity Index (CCI) on Length of Hospital Stay and Mortality in Geriatric Patients - *Merve Cesur*
SS-096. HIV infection masked by atypical findings in an older adult - *İskender Arda Nacar*
SS-097. Normal Pressure Hydrocephalus in an Older Adult - *Anıl Taşdemir*
SS-098. When myxedema coma hides: an atypical presentation in a 90-year-old woman - *Rüveyda Bulut Kılıç*
SS-099. The vicious cycle of geriatric syndromes - *Salih Subari*

Bildiri Oturumu 12, 17 Ekim 2026, 08.00 – 09.00; Salon D

- SS-100. A Multidisciplinary Diagnostic Approach in an Elderly Patient Presenting with Dysphagia: Trigeminal Neuralgia Accompanied by Subclinical Hypothyroidism - *Eyup Sami Akbas*
SS-101. A Rare Cause of Weight Loss and Bicytopenia: Disseminated Bacillus Calmette–Guérin (BCG) Infection - *İbrahim Kuran*
SS-102. Chronic unilateral leg edema in an older patient: a rare anatomical variant of may–thurner syndrome - *Merve Yılmaz Kars*
SS-103. Butamirate-induced delirium in an older adult: A case highlighting critical oversights in geriatric medication reconciliation - *Keziban Naz Yılmaz*
SS-105. Resistant hyperkalemia due to trimethoprim-sulfamethoxazole despite normal renal function: a geriatric case report - *Orhan Cicek*
SS-106. When Persistent Hiccups Are Not Just Hiccups: An Unusual Presentation of Pseudobulbar Affect in Frontotemporal Dementia - *Pelin Ünsal*
SS-107. Catatonia, Paratonia, or Prolonged Seizure? - *Alper Şenkalfa*
SS-108. The caregiver as a hidden patient: Alzheimer's disease identified through recurrent appointment errors - *Banu Ocak*
SS-109. A rare case of chronic pruritus in older adults: SCAD - *Nazlıcan Han Tezcan*